Andy Ashton

Andy Asthon, Inc.

EXERCISE

"Exercise, The Drug Of Choice"

12 Week Transformation
Call for Pricing

This state of the art program is designed to transform your physical, mental, emotional and spiritual well-being for a lifetime in just 12 weeks. If your dream is to change your physique for a lifetime, then the 12 week makeover is the program for you. [Product Details...]

Cover Fit Towel
$32.99

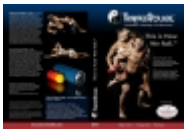
Fit Towel Specific For Training. [Product Details...]

Physique Sculpturing Workout Program
$149.99

The Physique Sculpturing Workout Program will change your physique for a lifetime. [Product Details...]

Skype Me
$149.99

If you would like to ask Andy Ashton anything regarding Health, Fitness, Nutrition, Supplementation, Exercise, Lifestyle or any other concerns you may have you can now speak with Andy via Skype. [Product Details...]



This Is How We Roll - Advanced DVD (94mins)
$19.95

THIS IS HOW WE ROLL - Travel Roller Beginner and Advanced Instructional DVD. (94 minutes) *Included in Travel Roller Acupressure Kit [Product Details...]

Travel Roller - Complete Kit
$79.95

The compact and ergonomically correct size allows the user to self massage through the entire body. [Product Details...]

Travel Roller - Self Massage
$44.95

The compact and ergonomically correct size allows the user to self massage through the entire body. [Product Details...]

Travel Roller Acupressure Balls
$29.95

Travel Roller 3 variable density acupressure balls. Hard, medium, soft densities allows users to duplicate the precise work of therapists/massage. [Product Details...]

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